

## DRINKS

SOFT DRINKS	Small	Large
Luscombe Elderflower Pressé 270ml	£4.45	
Luscombe Lemonade 270ml	£4.45	
Luscombe Ginger Beer 270ml	£4.45	
Trevaskis Apple Juice 250ml	£4.45	
Fruit Juice	£4.25	
Mineral Water – still or sparkling	£2.95	£5.55
Appetise	£4.45	
Frobishers Fusion	£4.45	
Apple & Mango, Apple & Raspberry or Orange & Passionfruit		
Pip Organic	£3.25	
Strawberry & Blackcurrant fruit juice, Pineapple & Mango smoothie		
Squash	£1.65	£2.95
Diet Pepsi / Pepsi Max / Lemonade	£3.15	£4.95
HOT DRINKS		
Tea per person		£3.25
Fruit / Green Tea		£3.25
Cappuccino / Latte / Mocha		£4.15
Matcha Latte		£4.75
Chai Latte		£4.35
Hot Chocolate		£4.95
Luxury Hot Chocolate		£5.95
Espresso		£3.25
Double Espresso / Americano		£3.95
Flat White		£4.15
ICED DRINKS		
Iced Matcha Latte		£4.75
Iced Chai Latte		£4.35
Flavoured Syrups		+ 50p
DRAFT BEERS	Half	Pint
Tribute Cornish Ale	£3.45	£6.55
Proper Job IPA	£3.65	£6.75
Korev Lager	£3.65	£6.75
Harbour Brewing Co. Arctic Sky Cold IPA	£3.75	£6.95
CIDER		
Westons Stowford Press	£3.35	£6.55
Westons Mixed Berry	£3.45	£6.75
Trevaskis Windfall Cider (500ml)		£6.65
BOTTLED BEERS		
Dynamite Valley Gold Rush Golden Ale 500ml		£6.55
Dynamite Valley TNT American Style IPA 500ml		£6.55
Dynamite Valley Brian Special Bitter 500ml		£6.55
Sharps Doombar Amber Ale 500ml		£6.55
Guinness Original 330ml		£5.95
Crabbie's Alcoholic Ginger Beer		£5.85
Corona 330ml		£5.25
ALCOHOL FREE		
Peroni Libera 0% alcohol	£4.95	
Rattler Cider 0% alcohol	£5.45	
Doombar Zero 0% alcohol	£6.55	

Please ask a member of staff to see the full wine list

## HOUSE WINES

SPARKLING	125ml / Bottle
Divici Spumante Prosecco (VG) <i>Veneto, Italy</i> - Creamy bubbles, lemony and floral.	£5.95 / £29.95
NO & LOW	20cl Bottle
Zonin Zero 0.0% (VG) <i>Veneto, Italy</i> - Fresh, fizzy, cheerful.	£5.95
Wild Life Botanicals Blush 0.5% (VG) <i>South West England, UK</i> - Rosehip, strawberries and cream, crab apple.	£6.95
WHITES	175ml / 250ml / Bottle
Soprano Pinot Grigio (V) <i>Pavia, Italy</i> - Crisp apple, soft white pear.	£6.85 / £7.95 / £22.95
Rivalry Chenin Blanc (VG) <i>Swartland, South Africa</i> - Tropical fruit, balanced, crisp.	£6.85 / £7.95 / £22.95
Largo Vinho Verde (VG) <i>Vinho Verde, Portugal</i> - Tropical, freshness, aromatic.	£6.85 / £7.95 / £22.95
Rue Des Amis Sauvignon Blanc (VG) <i>South West France</i> - Zesty, tropical orchard and citrus notes.	£7.15 / £8.35 / £23.95
Avoir La Pêche Chardonnay (VG) <i>Languedoc-Roussillon, France</i> - Fresh, orange blossom, peachy.	£7.15 / £8.35 / £23.95
REDS	175ml / 250ml / Bottle
Frunza Pinot Noir (VG) <i>Banat, Romania</i> - Black cherry, rich, fruit cake.	£6.85 / £7.95 / £22.95
Billycan Shiraz <i>South East Australia</i> - Juicy, fruity, Aussie red.	£6.85 / £7.95 / £22.95
Tout Un Fromage Merlot (VG) <i>Languedoc-Roussillon, France</i> - Smooth, Red Cherry, plum and blackcurrant flavours.	£6.85 / £7.95 / £22.95
Oscuro Mendoza Malbec (VG) <i>Mendoza, Argentina</i> - Plum, chocolate, oak aged.	£7.15 / £8.35 / £23.95
Milhojas Crianza, Rioja (VG) <i>Rioja, Spain</i> - Open, friendly, vanilla, baked fruit.	£7.15 / £8.35 / £23.95
ROSÉ	175ml / 250ml / Bottle
Laroma Pinot Grigio Rosé (VG) <i>Sicily, Italy</i> - Freshness, delicacy, rose-scented charm.	£6.85 / £7.95 / £22.95
Island Fox Zinfandel Rosé (VG) <i>California, USA</i> - Fruity, raspberries, melon.	£6.85 / £7.95 / £22.95
Conde Villar Vinho Verde Rosé (VG) <i>Minho Valley, Portugal</i> - Bright, fruity, refreshing.	£7.15 / £8.35 / £23.95
ALCOHOL FREE	50ml serve
Pentire Adrift A botanical non-alcoholic spirit made from unique plants native to the North Cornwall coastline. Coastal, herbaceous, fresh. Served with Fever-Tree Tonic over ice.	£7.65
Three Spirit – Livener. Energising. Exotic. Fiery. Kick-start the night with this exotic, fiery elixir powered by guayusa, Schisandra and energising plants. With vibrant berries, bright aromatics and heat for a lively, euphoric feeling. Contains natural caffeine. Served with Fever-Tree Tonic over ice.	£7.65
Tanqueray 0.0% Four beautifully balanced botanicals, juniper led, delicate complexity. Served with Fever-Tree Tonic over ice.	£7.65

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Gone for  
**LUNCH**  
From 11.45am - 3pm

# THE MARKET

## BUTCHERY FISHMONGER DELI FRESH FRUIT & VEG

OPEN FROM 8AM - 8PM, EVERY DAY

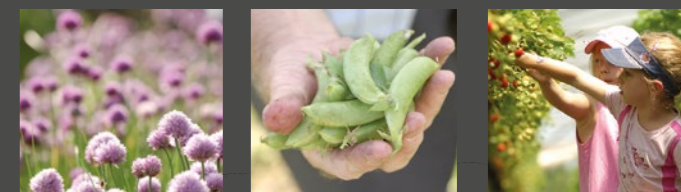
From your everyday store cupboard essentials to the more artisan product or food lover's delight, we aim to provide it all under one roof...



# THE FARM

## FARM PARK ANIMALS PICK YOUR OWN & ORCHARDS

OPEN FROM 10AM - 5PM, EVERY DAY

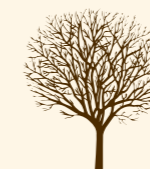


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www.trevaskisfarm.co.uk

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## TREVASKIS BURGERS

*All served in deliciously soft, brioche buns, hand-cut chunky chips, fresh dressed house leaves.*

**8oz double burger £18.95**

Two 4oz hand crafted burgers from our grass fed beef, tomato, red onion, sliced pickle, crisp leaves, Baytree spicy tomato and caramelised red onion relish

**Pulled pork burger duo £18.95**

A great combo of our rare breed British Lop pork and chilli burger, topped with slow cooked BBQ pulled pork, melted cheese, tomato, red onion, crisp leaves, coleslaw on the side

**Southern fried chicken fillet burger £18.95**

Westcountry chicken fillet cooked in our crisp Kentucky style rub, crisp leaves, mayo

**Add our home cured British Lop bacon £2.25**

**Beyond Meat burger (VG) (V) £18.95**

Incredible, juicy, plant based burger, tomato, red onion, crisp leaves, sliced pickle, Tracklements Sweet Mustard Sauce

## THE TREVASKIS TOASTIE

*All freshly made with deliciously soft, lighter baked artisan ciabatta bread lightly toasted, fresh dressed leaves, crisps.*

**Classic ham, cheese, pickle £13.25**

British lop rare breed ham, Cornish cheese and Tracklements perfect ploughman's pickle

**Goats relish £13.25**

Goats cheese, red onion relish, roasted red pepper

**Italian Mozzarella £13.25**

Mozzarella, tomato, basil

**Bacon brie £13.95**

Bacon, Cornish brie, cranberry relish

**Hawaiian ciabatta melt **NEW** £13.25**

Home cooked British lop rare breed ham, chunky pineapple relish, mozzarella

**EXTRA FILLINGS £1.65**

Pineapple, beans, pickle, tomato, cheese, red onion

## FOOD ALLERGY OR INTOLERANCE?

Please note that although we take care in the preparation of your food to avoid contamination, all our food is prepared in an environment that contains allergens. Please notify the Manager on Duty of any allergy/intolerance issues before ordering your food so that we can discuss ingredients with you.

## TREVASKIS DELI RANGE

*All freshly made with deliciously soft, lighter baked artisan ciabatta bread, fresh dressed house leaves, crisps.*

**Open steak ciabatta £20.95**

Sliced minute steak, Baytree spicy tomato and caramelised red onion relish, hand-cut chunky chips and dressed leaves

**Trevaskis Club £15.75**

Three layers of toasted ciabatta, our own home cured bacon, free range chicken breast strips, crispy iceberg lettuce, fresh tomato, mayo

**Trevaskis New York deli £15.75**

Three layers of toasted ciabatta, South Devon breed cured salt beef, Cornish Gouda cheese, sliced gherkins, salad leaves, Tracklements Sweet Mustard Sauce, mayo

**Spanish style chicken ciabatta **NEW** £13.95**

Two layers of toasted ciabatta, chargrilled westcountry chicken breast strips, roasted pepper, chorizo jam, paprika mayo

**Tuna, cucumber, mayo £12.75**

**Fresh Atlantic prawns £13.45**

Our own Marie Rose dressing

*Bread made without gluten available on request*

## TREVASKIS WRAPS

*Large flour tortilla wrap, fresh dressed house leaves, crisps.*

**Free range West Country crispy Peking duck £14.65**

sliced spring onion, cucumber and hoisin sauce

**Pulled pork £14.25**

Our own rare breed slow cooked British Lop pork, BBQ sauce, melted cheddar cheese

**Feta, sweet beetroot and hummus (V) £13.25**

Home-made red onion relish

**Spicy roasted red pepper and sweet potato falafel (VG) £13.25**

Salsa, Moroccan spiced couscous, tzatziki

**Chicken Caesar £13.65**

Free range West Country chicken breast, crisp lettuce, Caesar dressing

**Sweet chilli chicken £13.65**

Free range West Country chicken breast strips cooked in our crisp Kentucky style rub and drizzled in sweet chilli sauce

**Fresh Atlantic prawns £14.65**

Guacamole, leaves, our own Marie Rose dressing

## FROM THE LAND

	Child	Standard	Large
<b>Trevaskis Roast</b>	<b>£13.65</b>	<b>£18.95</b>	<b>£19.95</b>

Your choice of our South Devon breed beef, British Lop pork, lamb, Westcountry chicken or home-made cranberry and pistachio nut roast (VG) (V). Seasonal vegetables, cauliflower cheese, roasted Cornish potatoes, gravy

**Home cured British Lop ham £17.95**

2 fried free range eggs, hand-cut chunky chips

**The Trevaskis Farmer's Platter £19.95**

Our South Devon breed cured salt beef, home cooked British Lop ham, Cornish Yarg, Cornish Brie, pâté, homemade piccalilli, homemade beetroot relish, dressed house salad, freshly baked artisan focaccia

**Trevaskis rump steak £26.95**

Prime 12oz, chargrilled tomato, mushrooms, chunky chips

**Beef or vegetable lasagne £18.95**

Our own traditional recipe, dressed house salad, garlic bread

## JUST ADD FRIES

**Hand-cut chunky chips £4.75**

**Sweet potato fries £5.25**

**Cheesy chips £5.95**

**Pulled pork loaded fries £10.95**

Pulled pork, melted cheese, jalapeños, lime and coriander mayo

**Five Bean Chilli Loaded Fries **NEW** £10.95 (V) - (VG option)**

Five-bean chili, melted cheese, fresh salsa, guacamole, spring onion, coriander. (mild)

## FROM THE SEA

*Our in-house fishmonger lands most of our fish fresh from Newlyn and other local ports.*

**Home-made fish cakes £18.45**

Prime cuts of fresh fish, herbs, light seasoning, rolled in breadcrumbs, dressed salad, pinenut, pomegranate, citrus dressing

**Battered haddock £19.95**

Hand-cut chunky chips, garden peas, lemon, tartar sauce

**Wholetail scampi £18.95**

Hand-cut chunky chips, lemon, tartar sauce, dressed house salad leaves

**V** - Vegetarian

**GF** - Prepared without gluten containing ingredients but in an environment that contains gluten

**VG** - Vegan

**DF** - Prepared without dairy containing ingredients but in an environment that contains dairy

## FREE FROM

*Our new range of exciting 'free from' food created by our talented chef team.*

**Spicy roasted red pepper and sweet potato falafel wrap (VG) £13.25**

Large flour tortilla wrap, salsa, Moroccan spiced couscous, tzatziki, fresh dressed leaves and crisps

**Beyond Meat burger (VG, GF) £18.95**

Incredible, juicy, plant based burger, tomato, red onion, crisp leaves, sliced pickle, Tracklements Sweet Mustard Sauce

**Korean Tofu (VG, GF) **NEW** £19.85**

Crisp Tofu in a spicy, sweet gochujang glaze, kimchi, jasmine rice, sesame seeds

**Swap to chicken (GF)**

**Five Bean Chilli Bowl (V, GF) - (VG option) £18.95**

Five bean chilli, jasmine rice, melted cheese, fresh salsa, guacamole, coriander. (mild) **NEW**

**Homemade cranberry and pistachio nut roast (VG, GF)**

	Child	Standard	Large
	<b>£13.65</b>	<b>£18.95</b>	<b>£19.95</b>

Served with seasonal vegetables, roasted Cornish potatoes, cauliflower cheese (contains dairy and gluten), swede (contains dairy) and vegetarian gravy

*Prefer a vegan option? Just ask!*

## THE TREVASKIS JACKET

*All with butter and a dressed house salad garnish.*

**Beans + Cheese £12.65**

**Pulled pork £14.55**

Topped with melted cheddar cheese

**Tuna mayo £12.65**

**Fresh Atlantic prawns £13.65**

Our own Marie Rose dressing

## TREVASKIS "FULL HOUSE" SALADS

*Our homemade rice salad, bean salad, potato salad, coleslaw, pasta salad and fresh green salad with your choice of the following:*

**Our home cured British Lop ham £18.95**

**Our South Devon breed salt beef £18.95**

Cured to our own recipe, sliced thinly

**Fresh Atlantic prawns £18.95**

Our own Marie Rose dressing