# HOW LOCAL IS YOUR **BREAKFAST?**



**BREAKFAST** From 8:30am – 10:30am







www.trevaskisfarm.co.uk f trevaskis.farm @@trevaskisfarm Our food is all about our traditional farming roots.



Our sausages, hogs pudding and cured bacon are hand crafted by our highly skilled Butchers in our Farm Market. They train for years to perfect the art of hand cutting, a heritage and ethos we are justifiably proud to maintain.

Our pork is our own, outdoor reared, rare breed British Lop, native to Cornwall for generations and bred for exceptional flavour and intramuscular fat to result in the very best meat you can find.

We serve free range Cornhill Farm eggs who we trust to have the highest welfare standards.

### V - Vegetarian

**GF** - Prepared without gluten containing ingredients but in an environment that contains gluten

**DF** - Prepared without dairy containing ingredients but in an environment that contains dairy

VG - Vegan

# FOOD ALLERGY OR INTOLERANCE?

Please note that although we take care in the preparation of your food to avoid contamination, all our food is prepared in an environment that contains allergens. Please notify the Manager on Duty of any allergy/intolerance issues before ordering your food so that we can discuss ingredients with you.

The Trevaskis Breakfast	£14.65
2 sausages, 3 rashers bacon, 2 eggs, tomato, baked be mushrooms, hogs pudding, sautéed potatoes, toast	ans,
The Full English Breakfast	£13.65
1 sausage, 2 rashers bacon, 2 eggs, tomato, baked be mushrooms, sautéed potatoes, toast	ans,
The Veggie Breakfast	£13.25
2 veggie sausages, 2 eggs, tomatoes, baked beans, mushrooms, sautéed potatoes and toast	
The Vegan Breakfast	£13.25
2 veggie sausages, scrambled tofu, tomatoes, baked b mushrooms, sautéed potatoes and toast	beans,
The Little Breakfast	£10.55
1 sausage, 1 rashers bacon, 1 egg and baked beans	
Poached Eggs on Toast	£9.55
2 eggs cooked to your liking, toast	
Boiled Eggs	£8.45
2 boiled eggs, toast	
Scrambled Eggs Fresh scrambled eggs, toast	£9.55
Eggs Benedict	£11.55
2 eggs, rashers of crisp bacon on an English muffin,	211.55
hollandaise sauce	
Artisan Brioche Bun Homecured British Lop bacon or British Lop sausage	£6.95
Trevaskis Waffles	£11.55
Golden syrup, then choose bacon or fruit	
Kid's Waffle Golden syrup, then choose bacon or fruit	£7.65
Fresh Fruit Bowl	£8.55
Homemade Toasted Tea Cake	£4.15
Cornish butter	~
Toast	£3.10
2 slices of toast, butter Toast made without gluten available on request *	
Jam, marmalade or honey portion	£1.00
Please note: We do not do "swaps" on breakfast is but you may order extras if you wish.	ems
Extract	

## **Extras:**

Baked beans, tomato, mushrooms	£1.65
or sautéed potatoes	
Egg	£1.85
Bacon, hogs pudding, sausage	£2.05

# DRINKS

Fruit Juice	£3.95
Tea per person	£2.95
Fruit Tea	£2.95
Green Tea	£2.95
Cappuccino	£3.95
Latte	£3.95
Mocha	£3.95
Hot Chocolate	£4.65
Luxury Hot Chocolate	£5.65
Espresso	£2.75
Double Espresso	£3.65
Americano	£3.75
Flat White	£3.95