

## DRINKS

SOFT DRINKS	Small	Large
Luscombe Elderflower Pressé 270ml	<b>NEW</b> £3.95	
Luscombe Lemonade 270ml	<b>NEW</b> £3.95	
Luscombe Ginger Beer 270ml	<b>NEW</b> £3.95	
Trevaskis Apple Juice 250ml	£3.95	
Fruit Juice	£3.75	
Mineral Water – still or sparkling	£2.50	£4.95
Appletise	£3.95	
Frobishers Fusion	£3.95	
Apple & Mango, Apple & Raspberry or Orange & Passionfruit		
Pip Organic	£2.90	
Strawberry & Blackcurrant fruit juice, Pineapple & Mango smoothie		
Squash	£1.30	£2.40
Diet Pepsi / Pepsi Max / Lemonade	£2.95	£4.55

## HOT DRINKS

Tea per person	£2.95
Fruit Tea	£2.95
Green Tea	£2.95
Cappuccino	£3.95
Latte	£3.95
Mocha	£3.95
Hot Chocolate	£4.65
Luxury Hot Chocolate	£5.65
Espresso	£2.75
Double Espresso	£3.65
Americano	£3.75
Flat White	£3.95

## DRAFT BEERS

	Small	Large
Tribute Cornish Ale	£2.95	£5.80
Proper Job IPA	£2.95	£5.90
Korev Lager	£3.20	£5.90
Harbour Brewing Co. Arctic Sky Cold IPA <b>NEW</b>	£3.10	£6.20

## CIDER

Westons Stowford Press	£2.80	£5.50
Westons Mixed Berry	£2.90	£5.90
Trevaskis Windfall Cider (500ml)		£5.75

## BOTTLED BEERS

Dynamite Valley Gold Rush Golden Ale 500ml	<b>NEW</b> £5.95
Dynamite Valley Powderworks Cornish Pilsner 500ml	<b>NEW</b> £5.95
Dynamite Valley TNT American Style IPA 500ml	<b>NEW</b> £5.95
Dynamite Valley Brian Special Bitter 500ml	<b>NEW</b> £5.95
Sharps Doombar Amber Ale 500ml	£5.95
Guinness Original 330ml	£5.35
Crabbie's Alcoholic Ginger Beer	£5.25

## ALCOHOL FREE

Peroni Libera 0% alcohol	£4.25
Rattler Cider 0% alcohol	£4.75

Many more wines available, please ask one of our staff for the full wine list

## HOUSE WINES

SPARKLING	125ml / Bottle
Tanners Prosecco Brut, Il Colle di Fabio Ceschin <i>Italy</i> - Lovely fresh, pear and apple-driven style, hint of floral peach.	£4.40 / £26.95
WHITES	175ml / 250ml / Bottle
Pacamaya Sauvignon Blanc, <i>Chile</i> - Juicy, classic herby notes, lively citrus, subtle tropical fruit.	£6.20 / £7.20 / £19.95
Pinot Grigio, Preciso <i>Italy</i> - Zesty lime, balancing richer stone fruits.	£6.30 / £7.30 / £19.95
Feteasca Regala, Paparuda <i>Romania</i> - Crisp apple, pear, softer peach, apricot off-dry finish.	£6.20 / £7.20 / £19.95
Vinho Verde, Vidigal <i>Portugal</i> - Light-bodied, a mere 9.5% vol, and a lively spritz, off-dry finish.	£6.40 / £7.40 / £19.95
Chardonnay, Kingklip Bay <i>South Africa</i> - Fresh, attractive pineapple and citrus fruit, Unoaked.	£6.55 / £7.55 / £20.95
REDS	175ml / 250ml / Bottle
Pinot Noir, Lautarel <i>Romania</i> - Brilliant light-bodied, cherry, raspberry and plum, coffee, exotic spices.	£6.20 / £7.20 / £19.95
Lyrebird Shiraz, Wingara <i>South Eastern Australia</i> - Rich plum, sweet red berry fruits, black pepper, vanilla, savoury dry finish.	£6.20 / £7.20 / £19.95
Tanners Merlot, Vinadeis <i>Languedoc, France</i> - Raspberry, softer plum, easy-going.	£6.55 / £7.55 / £20.95
Malbec, Martinfort <i>Languedoc, France</i> - Blackberry, cherry, good density, little wild herb, soft spice.	£6.55 / £7.55 / £20.95
Aldonia Vendimia, Aldonia <i>Rioja, Spain</i> - Full, dense, dark chocolate.	£6.75 / £7.75 / £21.95
ROSÉ	175ml / 250ml / Bottle
Pinot Grigo Rosato, Amanti del Vino <i>Veneto, Italy</i> - Summer fruits, white flowers, honey, crisp dry finish.	£6.30 / £7.30 / £19.95
White Zinfandel, Angel's Flight <i>California, USA</i> - Raspberry, cranberry, watermelon, peach fruit, juicy, lively and medium-sweet.	£6.75 / £7.75 / £21.95
Piquepoul Rosé, Foncalieu <i>France, Languedoc</i> - Soft red summer fruits, pear, rose and citrus; crisp and dry, light creaminess, persistent crisp orchard fruit flavours.	£7.75 / £8.95 / £24.95
ALCOHOL FREE <b>NEW</b>	
WILDLIFE BOTANICALS	
NUDE/BLUSH SPARKLING 0.5% ABV	200ml / Bottle
Looking for that Prosecco lift? This uniquely English bubbly with benefits, crafted in Cornwall, is infused with an uplifting elixir of vitamins, minerals and botanicals chosen for health-giving properties. Tastes delicious.	£5.95 / £16.95
PENTIRE ADRIFT	50ml serve
A botanical non-alcoholic spirit made from unique plants native to the North Cornwall coastline. Coastal, herbaceous, fresh. Served with Fevertree Tonic and ice.	£7.25
THE THREE SPIRIT RANGE	
The Party Starter – Livener	50ml serve
ENERGISING. EXOTIC. FIERY.	£5.95
Kick-start the night with this exotic, fiery elixir powered by guayusa, Schisandra and energising plants. With vibrant berries, bright aromatics and heat for a lively, euphoric feeling. Contains natural caffeine. Served on ice.	
THE DREAM MAKER – NIGHTCAP	50ml serve
CALMING. WOODY. MELLOW.	£5.95
Wind down with this smooth & indulgent slow-sipper. Lemon balm, valerian & hops entwine for a dreamy, mellow feeling. Served on ice.	
TANQUERAY 0.0%	50ml serve
Four beautifully balanced botanicals, juniper led, delicate complexity. Served with Fever-Tree Tonic over ice.	£6.55

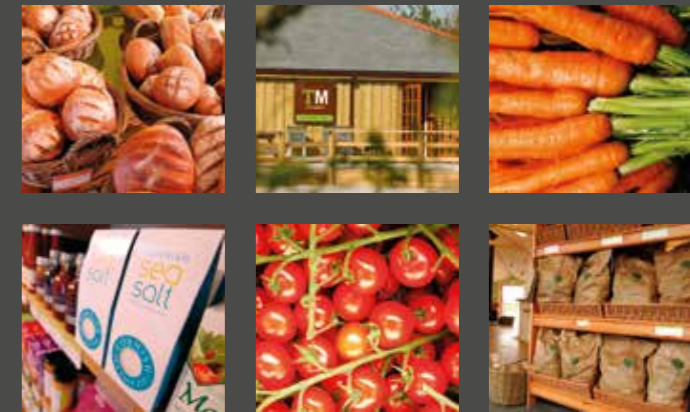
Gone for  
**LUNCH**  
From 11.45am - 3pm

# THE MARKET

## BUTCHERY FISHMONGER DELI FRESH FRUIT & VEG

OPEN FROM 8AM - 8PM, EVERY DAY

From your everyday store cupboard essentials to the more artisan product or food lover's delight, we aim to provide it all under one roof...



# THE FARM

## FARM PARK ANIMALS PICK YOUR OWN & ORCHARDS

OPEN FROM 10AM - 5PM, EVERY DAY



Join the Trevaskis community...

Earn 1 point for every £1 spent in the restaurant and The Market



[www.trevaskisfarm.co.uk](http://www.trevaskisfarm.co.uk)

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To sign up please visit  
[www.trevaskisfarm.co.uk/the-market](http://www.trevaskisfarm.co.uk/the-market)

## TREVASKIS BURGERS

*All served in deliciously soft, brioche buns, hand-cut chunky chips, fresh dressed house leaves.*

**8oz double burger £16.95**

Two 4oz hand crafted burgers from our grass fed beef, tomato, red onion, sliced pickle, crisp leaves, Baytree spicy tomato and caramelised red onion relish

**Pulled pork burger duo £16.95**

A great combo of our rare breed British Lop pork and chilli burger, topped with slow cooked BBQ pulled pork, melted cheese, tomato, red onion, crisp leaves, coleslaw on the side

**Lamb and rosemary double £16.95**

Two 4oz hand crafted lamb and rosemary burgers, tomato, onion, crisp leaves, minted yoghurt and feta

**Southern fried chicken fillet burger £16.95**

Westcountry chicken fillet cooked in our crisp Kentucky style rub, crisp leaves, mayo

**Add our home cured British Lop bacon £1.95**

**Beyond Meat burger (VG) (V) £16.95**

Incredible, juicy, plant based burger, tomato, red onion, crisp leaves, sliced pickle, Tracklements Sweet Mustard Sauce

## THE TREVASKIS TOASTIE

*All freshly made with deliciously soft, lighter baked artisan ciabatta bread lightly toasted, fresh dressed leaves, crisps.*

**Home-cooked ham and Cornish cheddar cheese £11.95**

Tracklements Perfect Ploughman's Pickle

**Goat's cheese, red onion, roasted red pepper £11.95**

**Mozzarella, tomato, basil £11.95**

**Bacon, Cornish Brie, cranberry £12.65**

**EXTRA FILLINGS £1.45**

Pineapple, beans, pickle, tomato, cheese, red onion

### FOOD ALLERGY OR INTOLERANCE?

Please note that although we take care in the preparation of your food to avoid contamination, all our food is prepared in an environment that contains allergens. Please notify the Manager on Duty of any allergy/intolerance issues before ordering your food so that we can discuss ingredients with you.

## TREVASKIS DELI RANGE

*All freshly made with deliciously soft, lighter baked artisan ciabatta bread, fresh dressed house leaves, crisps.*

**Open steak ciabatta £18.95**

Sliced minute steak, Baytree spicy tomato and caramelised red onion relish, hand-cut chunky chips and dressed leaves

**Trevaskis Club £13.75**

Three layers of toasted ciabatta, our own home cured bacon, free range chicken breast strips, crispy iceberg lettuce, fresh tomato, mayo

**Trevaskis New York deli £13.75**

Our South Devon breed cured salt beef, Cornish Gouda cheese, sliced gherkins, salad leaves, Tracklements Sweet Mustard Sauce, mayo

**Local hand picked crab £19.95**

Lemon mayo, watercress

**Home cured British Lop ham £10.95**

Tracklements British Beer Mustard, salad leaves

**Egg Mayo £10.95**

Free range eggs, mayo, salad dressing

**Tuna, cucumber, mayo 11.25**

**Fresh Atlantic prawns £11.85**

Our own Marie Rose dressing

**The Trevaskis Farmer's Platter £17.95**

Our South Devon breed cured salt beef, home cooked British Lop ham, Cornish Yarg, Cornish Brie, pâté, homemade piccalilli, homemade beetroot relish, dressed house salad, freshly baked artisan focaccia.

*Bread made without gluten available on request*

## TREVASKIS TRADITIONAL

	Child	Standard	Large
<b>Trevaskis Roast</b>	<b>£11.95</b>	<b>£16.95</b>	<b>£17.95</b>

Your choice of our South Devon breed beef, British Lop pork, lamb or home-made cranberry and pistachio nut roast (VG) (V). Seasonal vegetables, cauliflower cheese, roasted Cornish potatoes, gravy

**Home cured British Lop ham £15.95**

Fried free range egg and hand-cut chunky chips

**Beef or vegetable lasagne £16.95**

Our own traditional recipe, dressed house salad, coleslaw

**V** - Vegetarian

**GF** - Prepared without gluten containing ingredients but in an environment that contains gluten

**VG** - Vegan

**DF** - Prepared without dairy containing ingredients but in an environment that contains dairy

## TREVASKIS WRAPS

*Large flour tortilla wrap, fresh dressed house leaves, crisps.*

**Free range West Country crispy Peking duck £12.95**

sliced spring onion, cucumber and hoisin sauce

**Pulled pork £12.55**

Our own rare breed slow cooked British Lop pork, BBQ sauce, melted cheddar cheese

**Feta, sweet beetroot and hummus (V) £11.95**

Home-made red onion relish

**Spicy roasted red pepper and sweet potato falafel (VG) £11.95**

Salsa, Moroccan spiced couscous, tzatziki

**Chicken Caesar £12.55**

Free range West Country chicken breast, crisp lettuce, Caesar dressing

**Sweet chilli chicken £12.55**

Free range West Country chicken breast strips cooked in our crisp Kentucky style rub and drizzled in sweet chilli sauce

**Fresh Atlantic prawns £12.95**

Ripe avocado, lamb's lettuce, our own Marie Rose dressing

### JUST ADD FRIES

**Hand-cut chunky chips £3.95**

**Sweet potato fries £4.55**

**Cheesy chips £4.95**

**Vegan cheesy chips £4.95**

**Loaded fries **NEW** £9.55**

Pulled pork, cheddar cheese, jalapeños, lime and coriander mayo

## FROM THE SEA

*Our in-house fishmonger lands most of our fish fresh from Newlyn and other local ports.*

**Home-made fish cakes £16.45**

Prime cuts of fresh fish, herbs, light seasoning, rolled in breadcrumbs, chicory, rocket, pinenut and pomegranate salad, citrus dressing

**Battered haddock £17.95**

Hand-cut chunky chips, garden peas, lemon, tartar sauce

**Wholetail scampi £16.95**

Hand-cut chunky chips, lemon, tartar sauce, dressed house salad leaves.

## FREE FROM

*Our new range of exciting 'free from' food created by our talented chef team.*

**Spicy roasted red pepper and sweet potato falafel wrap (VG) £11.95**

Large flour tortilla wrap, salsa, Moroccan spiced couscous, tzatziki, fresh dressed leaves and crisps

**Beyond Meat burger (VG) (GF) £16.95**

Incredible, juicy, plant based burger, tomato, red onion, crisp leaves, sliced pickle, Tracklements Sweet Mustard Sauce

**Katsu curry (VG) (GF) **NEW** £17.85**

Crispy coated tofu, katsu curry sauce, coconut and lime rice

**Swap to chicken (GF)**

**Moroccan lentil, nut and vegetable stew (VG) (GF) £16.95**

Chips or crusty artisan bread

**Homemade cranberry and pistachio nut roast (VG) (GF)**

	Child	Standard	Large
	<b>£11.95</b>	<b>£16.95</b>	<b>£17.95</b>

Served with seasonal vegetables, roasted Cornish potatoes, cauliflower cheese (contains dairy and gluten), swede (contains dairy) and vegetarian gravy

*Prefer a vegan option? Just ask!*

## THE TREVASKIS JACKET

*All with butter and a dressed house salad garnish.*

**Plain jacket £8.95**

**Beans £10.65**

**Cheese £10.75**

**Pulled pork £12.55**

Topped with melted cheddar cheese

**Tuna mayo £10.95**

**Fresh Atlantic prawns £11.95**

Our own Marie Rose dressing

## TREVASKIS "FULL HOUSE" SALADS

*Our homemade rice salad, bean salad, potato salad, coleslaw, pasta salad and fresh green salad with your choice of the following:*

**Our home cured British Lop ham £16.95**

**Our South Devon breed cured salt beef £16.95**

**Fresh Atlantic Prawns £16.95**

Our own Marie Rose dressing