

## DRINKS

### SOFT DRINKS

	Small	Large
Luscombe Elderflower Pressé 270ml <b>NEW</b>	£3.95	
Luscombe Lemonade 270ml <b>NEW</b>	£3.95	
Luscombe Ginger Beer 270ml <b>NEW</b>	£3.95	
Trevaskis Apple Juice 250ml	£3.95	
Fruit Juice	£3.75	
Mineral Water – still or sparkling	£2.50	£4.95
Appletise	£3.95	
Frobishers Fusion	£3.95	
Apple & Mango, Apple & Raspberry or Orange & Passionfruit		
Pip Organic	£2.90	
Strawberry & Blackcurrant fruit juice, Pineapple & Mango smoothie		
Squash	£1.30	£2.40
Diet Pepsi / Pepsi Max / Lemonade	£2.95	£4.55

### HOT DRINKS

Tea per person	£2.95	
Fruit Tea	£2.95	
Green Tea	£2.95	
Cappuccino	£3.95	
Latte	£3.95	
Mocha	£3.95	
Hot Chocolate	£4.65	
Luxury Hot Chocolate	£5.65	
Espresso	£2.75	
Double Espresso	£3.65	
Americano	£3.75	
Flat White	£3.95	

### DRAFT BEERS

	Small	Large
Tribute Cornish Ale	£2.95	£5.80
Proper Job IPA	£2.95	£5.90
Korev Lager	£3.20	£5.90
Harbour Brewing Co. Arctic Sky Cold IPA <b>NEW</b>	£3.10	£6.20

### CIDER

Westons Stowford Press	£2.80	£5.50
Westons Mixed Berry	£2.90	£5.90
Trevaskis Windfall Cider (500ml)		£5.75

### BOTTLED BEERS

Dynamite Valley Gold Rush Golden Ale 500ml <b>NEW</b>	£5.95
Dynamite Valley Powderworks Cornish Pilsner 500ml <b>NEW</b>	£5.95
Dynamite Valley TNT American Style IPA 500ml <b>NEW</b>	£5.95
Dynamite Valley Brian Special Bitter 500ml <b>NEW</b>	£5.95
Sharps Doombar Amber Ale 500ml	£5.95
Guinness Original 330ml	£5.35
Crabbie's Alcoholic Ginger Beer	£5.25

### ALCOHOL FREE

Peroni Libera 0% alcohol	£4.25
Rattler Cider 0% alcohol	£4.75

*Many more wines available, please ask one of our staff for the full wine list*

# SUNDAY MENU

*From 11.45am - 3.30pm  
and 5.45pm to 6.45pm*

Our food is all about our traditional farming roots.

**FOOD MILES**<sup>TM</sup>  
**YARDS**

Our native South Devon breed beef is slow-reared and naturally fed on grass, adding a fine marbling and a great flavour. Hung on the bone the traditional way for up to 35 days adding a sublime tenderness and a rich flavour that is unrivalled.

Our pork is outdoor reared rare breed British Lop native to Cornwall and bred for exceptional flavour and intramuscular fat. The result in the very best pork you can find.

We serve free range & barn reared West Country chicken from farmers we know and trust to have the highest welfare standards.

Each cut of meat you will experience has been hand crafted by our highly skilled Butchers in our Farm Market, who train for years to perfect the art of hand cutting, a heritage and ethos we are justifiably proud to maintain.



[www.trevaskisfarm.co.uk](http://www.trevaskisfarm.co.uk)

 [trevaskis.farm](https://www.facebook.com/trevaskis.farm)  [@trevaskisfarm](https://www.instagram.com/trevaskisfarm)

# HOUSE WINES

## SPARKLING

125ml / Bottle

Tanners Prosecco Brut, Il Colle di Fabio Ceschin £4.40 / £26.95  
*Italy* - Lovely fresh, pear and apple-driven style, hint of floral peach.

## WHITES

175ml / 250ml / Bottle

Pacamaya Sauvignon Blanc, £6.20 / £7.20 / £19.95  
*Chile* - Juicy, classic herby notes, lively citrus, subtle tropical fruit.

Pinot Grigio, Preciso £6.30 / £7.30 / £19.95  
*Italy* - Zesty lime, balancing richer stone fruits.

Feteasca Regala, Paparuda £6.20 / £7.20 / £19.95  
*Romania* - Crisp apple, pear, softer peach, apricot off-dry finish.

Vinho Verde, Vidigal £6.40 / £7.40 / £19.95  
*Portugal* - Light-bodied, a mere 9.5% vol, and a lively spritz, off-dry finish.

Chardonnay, Kingklip Bay £6.55 / £7.55 / £20.95  
*South Africa* - Fresh, attractive pineapple and citrus fruit, Unoaked.

## REDS

175ml / 250ml / Bottle

Pinot Noir, Lautarel £6.20 / £7.20 / £19.95  
*Romania* - Brilliant light-bodied, cherry, raspberry and plum, coffee, exotic spices.

Lyrebird Shiraz, Wingara £6.20 / £7.20 / £19.95  
*South Eastern Australia* - Rich plum, sweet red berry fruits, black pepper, vanilla, savoury dry finish.

Tanners Merlot, Vinadeis £6.55 / £7.55 / £20.95  
*Languedoc, France* - Raspberry, softer plum, easy-going.

Malbec, Martinfort £6.55 / £7.55 / £20.95  
*Languedoc, France* - Blackberry, cherry, good density, little wild herb, soft spice.

Aldonia Vendimia, Aldonia £6.75 / £7.75 / £21.95  
*Rioja, Spain* - Full, dense, dark chocolate.

## ROSÉ

175ml / 250ml / Bottle

Pinot Grigo Rosato, Amanti del Vino £6.30 / £7.30 / £19.95  
*Veneto, Italy* - Summer fruits, white flowers, honey, crisp dry finish.

White Zinfandel, Angel's Flight £6.75 / £7.75 / £21.95  
*California, USA* - Raspberry, cranberry, watermelon, peach fruit, juicy, lively and medium-sweet.

Piquepoul Rosé, Foncalieu £7.75 / £8.95 / £24.95  
*France, Languedoc* - Soft red summer fruits, pear, rose and citrus; crisp and dry, light creaminess, persistent crisp orchard fruit flavours.

## ALCOHOL FREE **NEW**

### WILDLIFE BOTANICALS

NUDE/BLUSH SPARKLING 0.5% ABV 200ml / Bottle  
Looking for that Prosecco lift? This uniquely English £5.95 / £16.95 bubbly with benefits, crafted in Cornwall, is infused with an uplifting elixir of vitamins, minerals and botanicals chosen for health-giving properties. Tastes delicious.

### PENTIRE ADRIFT

50ml serve

A botanical non-alcoholic spirit made from unique plants native to the North Cornwall coastline. Coastal, herbaceous, fresh. £7.25  
Served with Fevertree Tonic and ice.

### THE THREE SPIRIT RANGE

The Party Starter — Livener 50ml serve  
ENERGISING. EXOTIC. FIERY. £5.95  
Kick-start the night with this exotic, fiery elixir powered by guayusa, Schisandra and energising plants. With vibrant berries, bright aromatics and heat for a lively, euphoric feeling. Contains natural caffeine. Served on ice.

### THE DREAM MAKER — NIGHTCAP

50ml serve

CALMING. WOODY. MELLOW. £5.95  
Wind down with this smooth & indulgent slow-sipper. Lemon balm, valerian & hops entwine for a dreamy, mellow feeling. Served on ice.

### TANQUERAY 0.0%

50ml serve

Four beautifully balanced botanicals, juniper led, delicate complexity. Served with Fever-Tree Tonic over ice. £6.55

# SOUP

Homemade soup £7.95  
Our own traditional recipe, freshly baked roll and butter

# ROASTS

*All served with seasonal vegetables, cauliflower cheese, roasted Cornish potatoes and homemade gravy*

Child	Standard	Large
£11.95	£16.95	£17.95

## West Country chicken

Homemade stuffing

## Native South Devon Breed beef

Yorkshire pudding, horseradish sauce

## Locally reared lamb

Mint sauce

## Home reared British Lop pork

Crackling, apple sauce

# FREE FROM

*Our roasts can be prepared without dairy and/or gluten containing ingredients*

Child	Standard	Large
£11.95	£16.95	£17.95

## Homemade cranberry and pistachio nut roast (V)

Served with seasonal vegetables, roasted Cornish potatoes, cauliflower cheese (contains dairy and gluten), swede (contains dairy) and vegetarian gravy

*Prefer a vegan option? Just ask!*

## Vegetable lasagne (V)

£16.95

Our own traditional recipe, dressed house salad, coleslaw

## Moroccan lentil, nut and vegetable stew (VG, GF)

£15.95

Chips or crusty artisan bread

*Bread made without gluten available on request*

V - Vegetarian

VG - Vegan

GF - Prepared without gluten containing ingredients but in an environment that contains gluten

DF - Prepared without dairy containing ingredients but in an environment that contains dairy

# DESSERTS

*Ask to see our amazing dessert menu.*

## FOOD ALLERGY OR INTOLERANCE?

Please note that although we take care in the preparation of your food to avoid contamination, all our food is prepared in an environment that contains allergens. Please notify the Manager on Duty of any allergy/intolerance issues before ordering your food so that we can discuss ingredients with you.