

DRINKS

SOFT DRINKS	Small	Large
Cornish Orchards Elderflower Pressé	£3.95	
Cornish Orchards Lemonade	£3.95	
Cornish Orchards Ginger Beer	£3.95	
Trevaskis Apple Juice 250ml	£3.95	
Fruit Juice	£3.75	
Mineral Water – still or sparkling	£2.50	£4.95
Appletise	£3.95	
Frobishers Fusion	£3.95	
Apple & Mango, Apple & Raspberry or Orange & Passionfruit		
Pip Organic	£2.90	
Strawberry & Blackcurrant fruit juice, Pineapple & Mango smoothie		
Squash	£1.30	£2.40
Pepsi / Diet Pepsi / Pepsi Max / Lemonade	£2.95	£4.55

HOT DRINKS

Tea per person	£2.95	
Fruit Tea	£2.95	
Green Tea	£2.95	
Cappuccino	£3.95	
Latte	£3.95	
Mocha	£3.95	
Hot Chocolate	£4.65	
Luxury Hot Chocolate	£5.65	
Espresso	£2.75	
Double Espresso	£3.65	
Americano	£3.75	
Flat White	£3.95	

DRAFT BEERS

	Small	Large
Tribute Cornish Ale	£2.95	£5.80
Proper Job IPA	£2.95	£5.90
Korev Lager	£3.20	£5.90
Harbour Brewing Co. Arctic Sky Cold IPA NEW	£3.10	£6.20

CIDER

Westons Stowford Press	£2.80	£5.50
Westons Mixed Berry	£2.90	£5.90
Trevaskis Windfall Cider (500ml)	£5.75	

BOTTLED BEERS

St Ives Brewery Meor IPA 500ml	£5.95	
St Ives Brewery Alba IPA 500ml NEW	£5.95	
St Ives Brewery Porth Pilsner 500ml	£5.95	
St Ives Brewery Hella Pale Ale 500ml NEW	£5.95	
Sharps Doombar Amber Ale 500ml	£5.95	
Guinness Original 330ml	£5.35	
Crabbie's Alcoholic Ginger Beer	£5.25	

ALCOHOL FREE

Peroni Libera 0% alcohol	£4.25	
Rattler Cider 0% alcohol	£4.75	

Many more wines available, please ask one of our staff for the full wine list

HOUSE WINES

SPARKLING	125ml / Bottle
Tanners Prosecco Brut, Il Colle di Fabio Ceschin <i>Italy - Lovely fresh, pear and apple-driven style, hint of floral peach.</i>	£4.40 / £26.95
WHITES	175ml / 250ml / Bottle
Pacamaya Sauvignon Blanc, <i>Chile - Juicy, classic herby notes, lively citrus, subtle tropical fruit.</i>	£6.20 / £7.20 / £19.95
Pinot Grigio, Preciso <i>Italy - Zesty lime, balancing richer stone fruits.</i>	£6.30 / £7.30 / £19.95
Feteasca Regala, Paparuda <i>Romania - Crisp apple, pear, softer peach, apricot off-dry finish.</i>	£6.20 / £7.20 / £19.95
Vinho Verde, Vidigal <i>Portugal - Light-bodied, a mere 9.5% vol, and a lively spritz, off-dry finish.</i>	£6.40 / £7.40 / £19.95
Chardonnay, Freedom Cross <i>South Africa - Fresh, attractive pineapple and citrus fruit, Unoaked.</i>	£6.55 / £7.55 / £20.95
REDS	175ml / 250ml / Bottle
Pinot Noir, Lautarel <i>Romania - Brilliant light-bodied, cherry, raspberry and plum, coffee, exotic spices.</i>	£6.20 / £7.20 / £19.95
Lyrebird Shiraz, Wingara <i>South Eastern Australia - Rich plum, sweet red berry fruits, black pepper, vanilla, savoury dry finish.</i>	£6.20 / £7.20 / £19.95
Tanners Merlot, Vinadeis <i>Languedoc, France - Raspberry, softer plum, easy-going.</i>	£6.55 / £7.55 / £20.95
Malbec, Martinfort <i>Languedoc, France - Blackberry, cherry, good density, little wild herb, soft spice.</i>	£6.55 / £7.55 / £20.95
Aldonia Vendimia, Aldonia <i>Rioja, Spain - Full, dense, dark chocolate.</i>	£6.75 / £7.75 / £21.95
ROSÉ	175ml / 250ml / Bottle
Pinot Grigo Rosato, Amanti del Vino <i>Veneto, Italy - Summer fruits, white flowers, honey, crisp dry finish.</i>	£6.30 / £7.30 / £19.95
White Zinfandel, Angel's Flight <i>California, USA - Raspberry, cranberry, watermelon, peach fruit, juicy, lively and medium-sweet.</i>	£6.75 / £7.75 / £21.95
Piquepoul Rosé, Foncalieu <i>France, Languedoc - Soft red summer fruits, pear, rose and citrus; crisp and dry, light creaminess, persistent crisp orchard fruit flavours.</i>	£7.75 / £8.95 / £24.95
ALCOHOL FREE NEW	
WILDLIFE BOTANICALS	
NUDE/BLUSH SPARKLING 0.5% ABV <i>Looking for that Prosecco lift? This uniquely English bubbly with benefits, crafted in Cornwall, is infused with an uplifting elixir of vitamins, minerals and botanicals chosen for health-giving properties. Tastes delicious.</i>	200ml / Bottle £5.95 / £16.95
PENTIRE ADRIFT <i>A botanical non-alcoholic spirit made from unique plants native to the North Cornwall coastline. Coastal, herbaceous, fresh. Served with Fevertree Tonic and ice.</i>	50ml serve £6.55
THE THREE SPIRIT RANGE	
The Party Starter – Livener <i>Kick-start the night with this exotic, fiery elixir powered by guayusa, Schisandra and energising plants. With vibrant berries, bright aromatics and heat for a lively, euphoric feeling. Contains natural caffeine. Served on ice.</i>	50ml serve £5.95
The Mood Booster – Social Elixir <i>Lift your spirits with the ultimate social-enhancer containing powerful plants with powerful flavours. Bittersweet and curious! Served with ginger ale.</i>	50ml serve £7.55
The Dream Maker – Nightcap <i>Wind down with this smooth & indulgent slow-sipper. Lemon balm, valerian & hops entwine for a dreamy, mellow feeling. Served on ice.</i>	50ml serve £5.95

Gone for
LUNCH
From 11.45am - 3pm

NEW SEASONAL LUNCH SPECIALS

Have you seen our new lunch specials?

£25.95 FOR 3 COURSES

Or just choose individual options.

BECOME PART OF OUR COMMUNITY



Get your Trevaskis community card...

Earn 1 point for every £1 spent in the Restaurant and The Market



To sign up please visit
www.trevaskisfarm.co.uk/the-market

www.trevaskisfarm.co.uk

[f trevaskis.farm](https://www.facebook.com/trevaskis.farm) [@trevaskisfarm](https://www.instagram.com/trevaskisfarm)

TREVASKIS BURGERS

All served in deliciously soft, brioche buns, hand-cut chunky chips, fresh dressed house leaves.

8oz double burger £15.95

Two 4oz hand crafted burgers from our grass fed beef, tomato, red onion, sliced pickle, crisp leaves, Baytree spicy tomato and caramelised red onion relish

Pulled pork burger duo £15.95

A great combo of our rare breed British Lop pork and chilli burger, topped with slow cooked BBQ pulled pork, melted cheese, tomato, red onion, crisp leaves, coleslaw on the side

Lamb and rosemary double £15.95

Two 4oz hand crafted lamb and rosemary burgers, tomato, onion, crisp leaves, minted yoghurt and feta

Southern fried chicken fillet burger £15.95

Westcountry chicken fillet cooked in our crisp Kentucky style rub, crisp leaves, mayo

Add our home cured British Lop bacon £1.95

Beyond Meat burger (VG) (V) £15.95

Incredible, juicy, plant based burger, tomato, red onion, crisp leaves, sliced pickle, Tracklements Sweet Mustard Sauce

THE TREVASKIS TOASTIE

All Freshly made with deliciously soft, lighter baked artisan ciabatta bread lightly toasted, fresh dressed leaves, crisps.

Home-cooked ham and Cornish cheddar cheese £10.45

Tracklements Perfect Ploughman's Pickle

Goat's cheese, red onion, roasted red pepper £10.75

Mozzarella, tomato, basil £10.75

Bacon, Cornish Brie, cranberry £10.75

EXTRA FILLINGS £1.45

Pineapple, beans, pickle, tomato, cheese, red onion

ALLERGENS

Please note that although we take care in the preparation of your food to avoid contamination, all our food is prepared in an environment that contains allergens.

Please notify the Manager on Duty of any allergy issues before ordering your food.

TREVASKIS DELI RANGE

All freshly made with deliciously soft, lighter baked artisan ciabatta bread, fresh dressed house leaves, crisps.

Open steak ciabatta £16.65

Sliced minute steak, Baytree spicy tomato and caramelised red onion relish, hand-cut chunky chips and dressed leaves

Trevaskis Club £12.55

Three layers of toasted ciabatta, our own home cured bacon, free range chicken breast strips, crispy iceberg lettuce, fresh tomato, mayo

Trevaskis New York deli £12.55

Our South Devon breed cured salt beef, Cornish Gouda cheese, sliced gherkins, salad leaves, Tracklements Sweet Mustard Sauce, mayo

Local hand picked crab £15.95

Lemon mayo, watercress

Home cured British Lop ham £9.75

Tracklements British Beer Mustard, salad leaves

Egg Mayo £9.85

Free range eggs, mayo, salad dressing

Tuna, cucumber, mayo £9.95

Fresh Atlantic prawns £10.55

Our own Marie Rose dressing

The Trevaskis Farmer's Platter £16.55

Our South Devon breed cured salt beef, home cooked British Lop ham, Cornish Yarg, Cornish Brie, pâté, homemade piccalilli, homemade beetroot relish, dressed house salad, freshly baked artisan focaccia.

TREVASKIS TRADITIONAL

	Child	Small	Large
Trevaskis Roast	£10.95	£15.95	£16.95

Your choice of our South Devon breed beef, British Lop pork, lamb or home-made cranberry and pistachio nut roast (VG) (V). Seasonal vegetables, cauliflower cheese, roasted Cornish potatoes, gravy

Home cured British Lop ham £14.95

Fried free range egg and hand-cut chunky chips

Beef or vegetable lasagne £15.95

Our own traditional recipe, dressed house salad, coleslaw

KEY

V - Vegetarian **VG - Vegan**
GF - Gluten Free **DF - Dairy Free**

TREVASKIS WRAPS

Large flour tortilla wrap, fresh dressed house leaves, crisps.

Free range West Country crispy Peking duck £11.95

sliced spring onion, cucumber and hoisin sauce

Pulled pork £10.95

Our own rare breed slow cooked British Lop pork, melted cheddar cheese

Feta, sweet beetroot and hummus (V) £10.75

Home-made red onion relish

Spicy roasted red pepper and sweet potato falafel (VG) £10.85

Salsa, Moroccan spiced couscous, tzatziki

Chicken Caesar £10.95

Free range West Country chicken breast, crisp lettuce, Caesar dressing

Sweet chilli chicken £10.95

Free range West Country chicken breast strips cooked in our crisp Kentucky style rub and drizzled in sweet chilli sauce

Fresh Atlantic prawns £11.55

Ripe avocado, lamb's lettuce, our own Marie Rose dressing

JUST ADD FRIES

Hand-cut chunky chips £3.50

Sweet potato fries £3.95

Cheesy chips add £1

Vegan cheesy chips add £1

Loaded fries **NEW £8.25**

Pulled pork, cheddar cheese, jalapeños, lime and coriander mayo

FROM THE SEA

Our in-house fishmonger lands most of our fish fresh from Newlyn and other local ports.

Home-made fish cakes £14.95

Prime cuts of fresh fish, herbs, light seasoning, rolled in breadcrumbs, chicory, rocket, pinenut and pomegranate salad, citrus dressing

Battered haddock £16.95

Hand-cut chunky chips, garden peas, lemon, tartar sauce

Wholetail scampi £15.75

Hand-cut chunky chips, lemon, tartar sauce, dressed house salad leaves.

FREE FROM

Our new range of exciting 'free from' food created by our talented chef team.

Spicy roasted red pepper and sweet potato falafel wrap (VG) £10.85

Large flour tortilla wrap, salsa, Moroccan spiced couscous, tzatziki, fresh dressed leaves and crisps

Beyond Meat burger (VG) (GF) £15.95

Incredible, juicy, plant based burger, tomato, red onion, crisp leaves, sliced pickle, Tracklements Sweet Mustard Sauce

Katsu curry (VG) (GF) **NEW £14.95**

Crispy coated tofu, katsu curry sauce, coconut and lime rice

Swap to chicken (GF)

Moroccan lentil, nut and vegetable stew (VG) (GF) £13.95

Chips or crusty artisan bread

Homemade cranberry and pistachio nut roast (VG) (GF)

	Child	Small	Large
	£10.95	£15.95	£16.95

Served with seasonal vegetables, roasted Cornish potatoes and vegetarian gravy

Add cauliflower cheese (contains dairy and gluten)

Add swede (contains dairy)

Gluten free bread always available on request

THE TREVASKIS JACKET

All with butter and a dressed house salad garnish.

Plain jacket £7.95

Beans £9.55

Cheese £9.65

Pulled pork £10.95

Topped with melted cheddar cheese

Tuna mayo £9.95

Fresh Atlantic prawns £10.95

Our own Marie Rose dressing

Extra toppings each £1.55

TREVASKIS "FULL HOUSE" SALADS

Our homemade rice salad, bean salad, potato salad, coleslaw, pasta salad and fresh green salad with your choice of the following:

Our home cured British Lop ham £15.65

Our South Devon breed cured salt beef £15.65

Fresh Atlantic Prawns £15.65
 Our own Marie Rose dressing